# Confidential Health Report

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| Name | |
|---|---|
| Date | |

Please check the appropriate box for any of the following symptoms which you now have or have had previously.

**GENERAL**
- ▯ Allergy ▯ Now
- ▯ Chills ▯ Now
- ▯ Convulsions ▯ Now
- ▯ Dizziness ▯ Now
- ▯ Fainting ▯ Now
- ▯ Fatigue ▯ Now
- ▯ Fever ▯ Now
- ▯ Headache ▯ Now
- ▯ Loss of Sleep ▯ Now
- ▯ Loss of Weight ▯ Now
- ▯ Nervousness ▯ Now
- ▯ Depression ▯ Now
- ▯ Numbness ▯ Now
- ▯ Sweats ▯ Now
- ▯ Tremors ▯ Now

**MUSCLE & JOINT**
- ▯ Bursitis ▯ Now
- ▯ Foot Trouble ▯ Now
- ▯ Hernia ▯ Now
- ▯ Low back pain ▯ Now
- ▯ Neck pain or stiffness ▯ Now
- ▯ Pain between shoulders ▯ Now
- ▯ Painful tail bone ▯ Now
- ▯ Poor posture ▯ Now
- ▯ Sciatica ▯ Now
- ▯ Spinal Curvature ▯ Now
- ▯ Swollen joints ▯ Now

**SKIN**
- ▯ Boils ▯ Now
- ▯ Bruise easily ▯ Now
- ▯ Dryness ▯ Now
- ▯ Hives or allergy ▯ Now
- ▯ Itching ▯ Now
- ▯ Skin eruptions (rash) ▯ Now
- ▯ Varicose veins ▯ Now

**GASTRO-INTESTINAL**
- ▯ Belching or gas ▯ Now
- ▯ Colitis ▯ Now
- ▯ Colon trouble ▯ Now
- ▯ Constipation ▯ Now
- ▯ Diarrhea ▯ Now
- ▯ Difficult digestion ▯ Now
- ▯ Distension of abdomen ▯ Now
- ▯ Excessive hunger ▯ Now
- ▯ Gall bladder trouble ▯ Now
- ▯ Hemorrhoids ▯ Now
- ▯ Intestinal worms ▯ Now
- ▯ Jaundice ▯ Now
- ▯ Liver trouble ▯ Now
- ▯ Nausea ▯ Now
- ▯ Pain over stomach ▯ Now
- ▯ Poor Appetite ▯ Now
- ▯ Vomiting ▯ Now
- ▯ Vomiting of blood ▯ Now

**EYES, EARS, NOSE & THROAT**
- ▯ Asthma ▯ Now
- ▯ Colds ▯ Now
- ▯ Crossed eyes ▯ Now
- ▯ Deafness ▯ Now
- ▯ Dental decay ▯ Now
- ▯ Earache ▯ Now
- ▯ Ear discharge ▯ Now
- ▯ Ear noises ▯ Now
- ▯ Enlarged glands ▯ Now
- ▯ Enlarged thyroid ▯ Now
- ▯ Eye pain ▯ Now
- ▯ Failing vision ▯ Now
- ▯ Far sightedness ▯ Now
- ▯ Gum trouble ▯ Now
- ▯ Hay fever ▯ Now
- ▯ Hoarseness ▯ Now
- ▯ Nasal obstruction ▯ Now
- ▯ Near sightedness ▯ Now
- ▯ Nosebleeds ▯ Now
- ▯ Sinus Infection ▯ Now
- ▯ Sore throat ▯ Now
- ▯ Tonsillitis ▯ Now

**CARDIOVASCULAR**
- ▯ Hardening of arteries ▯ Now
- ▯ High blood pressure ▯ Now
- ▯ Low blood pressure ▯ Now
- ▯ Pain over heart ▯ Now
- ▯ Poor circulation ▯ Now
- ▯ Rapid heart beat ▯ Now
- ▯ Slow heart rate ▯ Now
- ▯ Swelling of ankles ▯ Now

**RESPIRATORY**
- ▯ Chest pain ▯ Now
- ▯ chronic cough ▯ Now
- ▯ Difficult breathing ▯ Now
- ▯ Spitting up blood ▯ Now
- ▯ Spitting up phlegm ▯ Now
- ▯ Wheezing ▯ Now

**GENITO-URINARY**
- ▯ Bed-wetting ▯ Now
- ▯ Blood in urine ▯ Now
- ▯ Frequent urination ▯ Now
- ▯ Inability to control kidneys ▯ Now
- ▯ Kidney infection or stones ▯ Now
- ▯ Painful urination ▯ Now
- ▯ Prostate trouble ▯ Now
- ▯ Pus in urine ▯ Now

**FOR WOMEN ONLY**
- ▯ Congested breasts ▯ Now
- ▯ Cramps or backache ▯ Now
- ▯ Excessive menstrual flow ▯ Now
- ▯ Hot flashes ▯ Now
- ▯ Irregular cycle ▯ Now
- ▯ Menopausal symptoms ▯ Now
- ▯ Painful menstruation ▯ Now
- ▯ Vaginal discharge ▯ Now
- ▯ Pregnant ▯ Now

## CHECK THE FOLLOWING CONDITIONS YOU HAVE HAD

- ▯ Aids
- ▯ Alcoholism
- ▯ Anemia
- ▯ Appendicitis
- ▯ Arteriosclerosis
- ▯ Arthritis
- ▯ Cancer
- ▯ Cold sores
- ▯ Diabetes
- ▯ Diphteria
- ▯ Eczema
- ▯ Emphysema
- ▯ Epilepsy
- ▯ Fever blisters
- ▯ Goiter
- ▯ Gout
- ▯ Heart disease
- ▯ Influenza
- ▯ Lumbago
- ▯ Malaria
- ▯ Measles
- ▯ Miscarriage
- ▯ Multiple sclerosis
- ▯ Mumps
- ▯ Pleurisy
- ▯ Pneumonia
- ▯ Polio
- ▯ Rheumatic fever
- ▯ Scarlet fever
- ▯ Stroke
- ▯ Tuberculosis
- ▯ Typhoid fever
- ▯ Ulcers
- ▯ Venereal Disease
- ▯ Whooping cough